

KNOWING MYSELF

Individual Reflection

Motivators



Demotivators



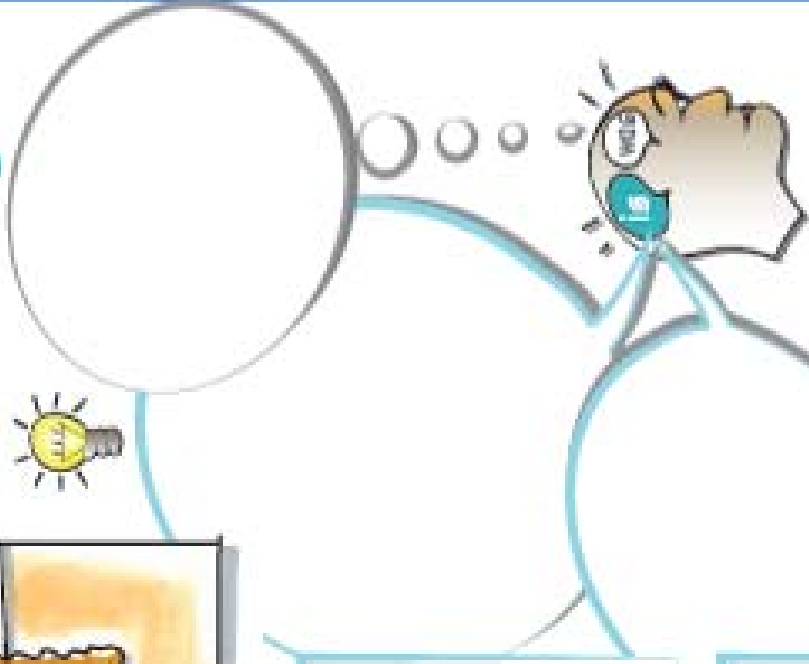
Strengths



Saboteurs



Inner Dialogue



Becoming



A

Situation

Task

Action

Result